

**Wettkampf 3 - 400m Lagen weiblich**
**AK 60**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Brkowski, Gabriele	1961/AK 60	SV Hagen 1894	06:45,37
	100m: 01:33,81 (01:33,81)   200m: 03:15,11 (01:41,30)   300m: 05:17,09 (02:01,98)   400m: 06:45,37 (01:28,28)			

**AK 55**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Thielemann, Claudia	1968/AK 55	SG Bayer	05:50,78
	100m: 01:17,59 (01:17,59)   200m: 02:50,47 (01:32,88)   300m: 04:32,28 (01:41,81)   400m: 05:50,78 (01:18,50)			
2.	Haselhoff, Verena	1966/AK 55	SSV Meschede	06:10,52
	100m: 01:23,58 (01:23,58)   200m: 02:58,39 (01:34,81)   300m: 04:52,13 (01:53,74)   400m: 06:10,52 (01:18,39)			
3.	Kränsel, Irena	1968/AK 55	SG Wuppertal	07:39,45
	100m: 01:55,59 (01:55,59)   200m: 03:45,34 (01:49,75)   300m: 05:59,24 (02:13,90)   400m: 07:39,45 (01:40,21)			

**AK 45**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Richter, Desiree	1980/AK 45	SG Wuppertal	05:52,52
	100m: 01:23,45 (01:23,45)   200m: 02:54,74 (01:31,29)   300m: 04:36,14 (01:41,40)   400m: 05:52,52 (01:16,38)			
2.	Klütemeyer, Christine	1979/AK 45	SSF Bonn	06:26,03
	100m: 01:22,93 (01:22,93)   200m: 03:04,22 (01:41,29)   300m: 04:56,12 (01:51,90)   400m: 06:26,03 (01:29,91)			
3.	Kremer, Ute	1978/AK 45	SG Erkelenz-Hückelhoven	07:26,36
	100m: 01:40,89 (01:40,89)   200m: 03:40,23 (01:59,34)   300m: 05:39,42 (01:59,19)   400m: 07:26,36 (01:46,94)			
4.	Lenz, Tanja	1979/AK 45	SG Bayer	07:54,34
	100m: 01:59,17 (01:59,17)   200m: 04:17,94 (02:18,77)   300m: 06:15,93 (01:57,99)   400m: 07:54,34 (01:38,41)			

**AK 40**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Grothe, Sarah	1983/AK 40	SC Wiking Herne 1921	06:35,04
	100m: 01:25,20 (01:25,20)   200m: 03:10,60 (01:45,40)   300m: 05:04,16 (01:53,56)   400m: 06:35,04 (01:30,88)			

**AK 35**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Frede, Lisa-Kathrin	1990/AK 35	Düsseldorfer SC 1898	07:14,98
	100m: 01:46,80 (01:46,80)   200m: 03:45,29 (01:58,49)   300m: 05:39,79 (01:54,50)   400m: 07:14,98 (01:35,19)			

**AK 30**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Eser, Franziska	1995/AK 30	SG Erkelenz-Hückelhoven	06:12,62
	100m: 01:26,42 (01:26,42)   200m: 03:07,39 (01:40,97)   300m: 04:47,64 (01:40,25)   400m: 06:12,62 (01:24,98)			
2.	Roskosch, Stefanie	1994/AK 30	SV Blau-Weiß Bochum	06:12,80
	100m: 01:18,07 (01:18,07)   200m: 02:58,46 (01:40,39)   300m: 04:50,87 (01:52,41)   400m: 06:12,80 (01:21,93)			
3.	Keller, Lena	1994/AK 30	SG Erkelenz-Hückelhoven	06:51,09
	100m: 01:42,16 (01:42,16)   200m: 03:27,24 (01:45,08)   300m: 05:17,15 (01:49,91)   400m: 06:51,09 (01:33,94)			

**noch Wettkampf 3 - 400m Lagen weiblich****AK 25**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Otto, Fabienne	2000/AK 25	swimART-Solingen	05:46,42
	100m: 01:19,51 (01:19,51)   200m: 02:50,70 (01:31,19)   300m: 04:29,67 (01:38,97)   400m: 05:46,42 (01:16,75)			
2.	Pacht, Daniela	1999/AK 25	TB Wülfrath	06:39,49
	100m: 01:29,64 (01:29,64)   200m: 03:12,02 (01:42,38)   300m: 05:05,49 (01:53,47)   400m: 06:39,49 (01:34,00)			

**AK 20**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Walter, Lea	2004/AK 20	SG Siegen	06:17,08
	100m: 01:29,72 (01:29,72)   200m: 03:08,29 (01:38,57)   300m: 04:52,42 (01:44,13)   400m: 06:17,08 (01:24,66)			
2.	Kaygusuz, Leyan	2004/AK 20	SC Wiking Herne 1921	06:36,35
	100m: 01:33,58 (01:33,58)   200m: 03:14,40 (01:40,82)   300m: 04:59,43 (01:45,03)   400m: 06:36,35 (01:36,92)			
3.	Mantau, Delia	2003/AK 20	SV Wasserfreunde Soest e.V. 1913	06:40,01
	100m: 01:33,34 (01:33,34)   200m: 03:18,51 (01:45,17)   300m: 05:13,77 (01:55,26)   400m: 06:40,01 (01:26,24)			
4.	Wenzel, Elina	2001/AK 20	TB Wülfrath	06:47,97
	100m: 01:33,50 (01:33,50)   200m: 03:23,00 (01:49,50)   300m: 05:14,67 (01:51,67)   400m: 06:47,97 (01:33,30)			